

## BASIC FIRST AID SUPPLIES

[www.911EMG.com](http://www.911EMG.com)

- 1 each **Basic First Aid Book**, in plain language
- 2 each **Bandages (Ace) elastic, 4"**
- 4 each **Bandages, gauze, 2" x 2"**
- 2 each **Bandages, gauze, 3" x 3" and 4" x 4"**
- 1 each **Bandages, gauze, 18" x 36"**
- 2 each **Bandages for burns (Second Skin) 3" x 3-1/2"**
- 3 each **Triangular Bandages**
- 1 box **Band-Aids in assorted sizes**, flexible and moisture resistant best
- 1 box **Bicarbonate of Soda**
- 1 box **Butterfly sutures or Leukostrips**
- 1 each **Cold/heat Pack**, reusable
- 1 box **Cotton Swabs**
- 1 box **Dental Floss**
- 1 box **Epsom Salts**
- 1 each **Eyedropper**
- 2 rolls **First Aid Tape, 1/2" x 10 yards and 1" x 5 yards**
- 4 pair **Gloves, lightweight rubber**, (for medical and hygiene purposes)
- 1 tube **Insect Repellent**
- 1 bottle **Isopropyl Alcohol**
- 1 bottle **Meat Tenderizer** for insect bites and stings
- 1 box **Moistened Towelettes**
- 1 each **Nail Clipper**
- 1 box **Razor Blades**, single edge
- 1 box **Safety Pins**, assorted sizes
- 1 each **SAM splint**
- 1 each **Scalpel**
- 1 each **Scissors**, Surgical pointed
- 1 bottle **Soap, liquid**, antibacterial
- 6 each **Tongue Depressors**
- 2 each **Thermometers, disposal OR 1 digital**, (no breakables with mercury)
- 1 each **Tweezers**
  
- 1 tube **Analgesic Cream** (Camphophenique, Paraderm Plus)
- 1 box **Antacid** (Mylanta, Tums, Pepto-Bismal)
- 1 series **Antibiotic** (Tetracycline for general infections)
- 1 box **Anti-Diarrheal** (Imodium, Diasorb, Lomotil)
- 1 box **Anti-fungal** (Desenex, Micatin, Tinactin, Lotrimin)
- 1 box **Antihistamine** (Benadryl, Claratyne)
- 1 tube **Antiseptic Ointment** (Neosporin, Dettol)

- 1 each **Anti-toxin** (DMSO)
- 1 tube **Burns** (Hydrocortisone, Derm-Aid)
- 1 box **Cold/Flu Tablets** (Nyquil, Repetabs)
- 1 box **Constipation** (Ex-Lax, Dulcolax, DuroLax)
- 1 bottle **Cough Syrup** (Robitussen, Dimetap)
- 1 box **Decongestant** (Actifed, Sudafed, Repetabs)
- 1 bottle **Eye Drops** (Visine)
- 1 tube **Hemorrhoid Relief** (Preparation H, Anusol)
- 1 box **Ibuprofen** (Advil, Nurofen, Paracetamol)
- 1 bottle **Itching, Insect/Rash** (Caladril, Calamine)
- 1 tube **Itching** (Dibucaine, Paraderm, Lanacane)
- 1 tube **Lip Balm** (ChapStick, Blistex)
- 1 tube **Lubricant, Water Soluble** (K-Y Jelly)
- 1 bottle **Nasal Decongestant** (Sinex, Ornex)
- 1 box **Nausea, Motion Sickness** (Kwells, Dramamine, Travacalm, Meclizine)
- 1 box **Non-Aspirin Pain Reliever** (Tylenol)
- 1 box **Pain, Fever Reducer** (Panadeine, Mobigesic)
- 1 box **Pain Reliever with Codeine** (Panamax, Tylenol 3)
- 1 jar **Petroleum Jelly** (Vaseline)
- 1 bottle **Poison Ivy/Oak Relief** (Dermarest Poison Ivy Mousse or Ivarest)
- 1 packet **Poison Absorber** (Activated Charcoal)
- Radiation Protection** (Potassium Iodide-[KI] or Potassium Iodate-[KIO<sub>3</sub>])
- 1 bottle either is fine)
- 1 can **Sunburn Relief** (Solarcaine, Paxyl)
- 1 bottle **Sunscreen** (SPF 15 at least)
- 1 bottle **Vomit Inducer** (Ipecac, Activated charcoal)
- 1 tube **Yeast Infection Treatment** (Gyne-Lotrimin, Monistat)

3 gal **Household Bleach**

**Perscription Medications**

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