

Personal Office Emergency Kit

The following simple items compactly stored in a backpack or briefcase could make the difference between life and death if you were caught in an emergency situation.

2	Half-liter bottle of water
1	Handkerchief
1	Blanket or sleeping bag
1	Walking shoes or boots
1	Minimal first-aid kit and manual
1	Battery operated radio and extra batteries
1	Miniature flashlight and extra batteries
1	Multi-tool
1	N-95 (or higher gauge) dust mask *
1	Swimming or chemical splash-proof goggles *
1	Gloves, leather work
1	Gloves, Latex
1	City Map
6	Food bars, nuts, candy
1	Whistle

Rx Medications

a) An N-95 or N-100 industrial respirator will guard against dust and other relatively large airborne particles, but DO NOT protect against chemical or biological threats.

b) Splash proof chemical industrial goggles will provide temporary relief against a wide variety of dust & smoke during an emergency such as an explosion, but will not assure protection against biological or chemical agents.